

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Club</b>	Cereals with fresh milk/oat milk, toast, selection of spreads and fresh fruits	Cereals with fresh milk/oat milk, toast, selection of spreads and fresh fruits	Cereals with fresh milk/oat milk, toast, selection of spreads and fresh fruits	Cereals with fresh milk/oat milk, toast, selection of spreads and fresh fruits	Cereals with fresh milk/oat milk, toast, selection of spreads and fresh fruits
<b>Morning Snack</b>	Scones and jam	Breadsticks and hummus	Tea cakes with butter	Oatcakes and fresh fruit	Croissants, cheese and fresh fruit
<b>Lunch, Main Meal</b>	<b>Macarona Bechemel</b>	<b>Roast Beef/Roast Chicken</b>	<b>Salmon</b>	<b>Curry chicken</b>	<b>Fish fingers, chicken tenders</b>
	Macarona bechemel (V)	Quorn Vegan Chicken	Cannellini beans stew	Quorn Vegan Curry Chicken	Quorn Vegan nuggets
		Roast potatoes, carrots, peas	Rice and broccoli	Rice	New potatoes, beans and peas
	Mixed vegetables			Salad	
<b>Pudding</b>	Choc chip muffins/flapjacks	Cookies	Arctic rolls	Jelly with berries	Yogurts, strawberries and grapes
<b>Afternoon Snack</b>	Oatcakes and apples	Rich tea biscuits and pears	Crackers and cream cheese	Breadsticks and hummus	Digestive biscuits, cheese and apples
<b>Tea</b>	Cheese, tomato and mozzarella panini	Ham and cheese Quesadilla with salad	Pasta Salad	Cauliflower cheese	Vegetable lasagne

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Club</b>	Cereals with fresh milk/ oat milk, toast, selection of spreads and fresh fruits	Cereals with fresh milk/ oat milk, toast, selection of spreads and fresh fruits	Cereals with fresh milk/ oat milk, toast, selection of spreads and fresh fruits	Cereals with fresh milk/ oat milk, toast, selection of spreads and fresh fruits	Cereals with fresh milk/ oat milk, toast, selection of spreads and fresh fruits
<b>Morning Snack</b>	Tea cakes with butter and fresh fruit	Crackers cheese and jam	Warm baguettes with butter and fresh fruit	Breadsticks and hummus	Croissants and jam
<b>Lunch, Main Meal</b>	<b>Cheese and onion quiche</b>	<b>Beef tacos</b>	<b>Homemade pizza</b>	<b>Beef and onion pie</b>	<b>Chicken fajitas</b>
	Veggie pinwheels	Vegan mince tacos	Dairy free pizza	Vegan mince and onion pie	Quorn chicken fajitas
	Beans	Yellow rice	Bean salad	Mash potato, peas and gravy	Chips
	Peas	Tomatoes and lettuce			Salad
<b>Pudding</b>	Berry coulis and Greek yogurt	Ice cream and ice poles	Fresh fruits	Watermelon mint salad	Yogurts/strawberries and grapes
<b>Afternoon Snack</b>	Oatcakes and fruit	Crackers and cheese	Rice cakes and apples	Rich tea biscuits and satsumas	Breadsticks and pears
<b>Tea</b>	Sausage rolls/veggie sausage rolls chips and chopped cherry tomatoes	Turkey and cheese sandwiches (turkey/ cheese)	Veggie curry, rice and salad	Chicken pasta fagioli	Beans on toast